

Resources

DBS

Below is a link that has instructions on how to do a Discovery Bible Study. These instructions are in depth, so please adapt them to your context.

<https://www.dbsguide.org/>

Bless Prayer

This prayer practice is an exercise in authoritative blessing, and helps followers of Jesus begin to understand the weight we carry when we pray. Not only can we pray for people, we also have the authority to BLESS others--to stand in God's presence as one of his chosen people and priests, and declare God's favor in the lives of others.

Below is an acrostic for the word "bless" to serve as an outline to help you pray over others.

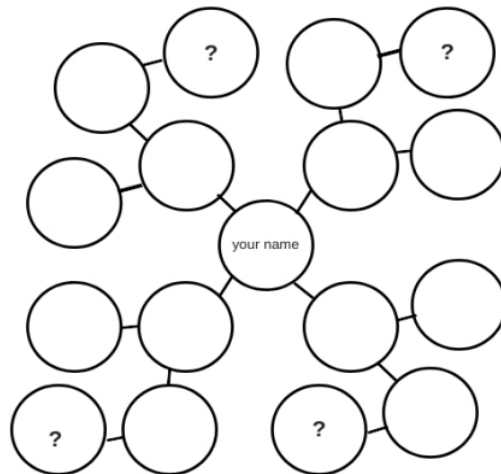
1. Day 1: **Body** -
 - a. Health, protection, strength.
2. Day 2: **Labor** -
 - a. Work, reward, security, provision.
3. Day 3: **Emotion** -
 - a. Joy, peace, hope.
4. Day 4: **Social** -
 - a. Love, marriage/dating relationship, family, friends.
5. Day 5: **Spiritual** -
 - a. Salvation, revelation, faith, grace.

Relational Mapping

A big part of praying is figuring out who or what you would like to pray for. Understanding who God has put you around is a good starting point. If you don't know to whom you're called, then you won't know where to direct your prayer, your time, and your efforts. A helpful step in mission-focused prayer is to identify the people to whom God has called you. Below are instructions for relationship mapping to help you identify your missional context.

1. Draw a circle on a sheet of paper.
 - a. Put your name in it.
2. Think of non-believers who you know. (*you can use this for any group of people*)
 - a. Put their names in circles around your circle
3. Think about people who are connected to those non-believers
 - a. Put them in circles around the person you know.

Now you have a map of people and networks that you can pray over. Here is an example:



Blog

This is a helpful blog on being a missionary in an American context. We think you will benefit from reading through it, and hope you will enjoy it! Please follow the Link below.

[How To Find Spiritually Interested People In An American Setting](#)

Red Yellow Green Light

As you go out and minister to others you will notice that there is significant nuance to the levels of receptivity people have towards the Holy Spirit's invitations. Not everyone has a "dive in head first" attitude and it is the disciple maker's role to lovingly meet each person where they're at. The Red Yellow Green Light tool is an excellent beginning step to gain discernment on who you are ministering to.

1. **Low Receptivity (Red)** -
 - a. Relationship- Maintain your relationships with people at this level of receptivity. Look for opportunities to serve them and to be a good friend, but do not force anything.
 - b. Conversation- Someone who does not want to talk to you/ puts up immediate walls.
2. **Medium Receptivity (Yellow)** -
 - a. Relationship- Continue serving people, asking open-ended questions to encourage continued discovery of what the Spirit is speaking to them.
 - b. Conversation- Someone who is ok with talking at surface level, but doesn't want to discuss spiritual/personal things.
3. **High Receptivity (Green)**-
 - a. Relationship- Invite people with high levels of receptivity to explore more of what God is saying to them through scripture. We recommend using the **DBS** process for this.
 - b. Conversation- Someone who wants to engage in conversation and is interested/ok with talking about spiritual/personal things.

Having discernment about someone's receptivity will help you understand which next steps you can take. It's helpful to remember that even if someone is unreceptive, that doesn't mean we can't minister to them. It just changes the way we should approach that ministry.